

山上國小 112 學年度健康促進績優學校評選計畫

六、社區連結與合作:健康服務

6-3-1 配合社區健康需求，提供社區家長或民眾相關健康資訊或服務

The image shows two screenshots of Facebook posts from the official page of '臺南市山上區山上國民小學' (Taichung City Shangshan District Shangshan Elementary School). The top post, dated March 28, 2023, is about monkeypox (猴痘). It features a colorful infographic with the title '猴痘是什麼?' (What is monkeypox?) and '你該這樣做' (You should do this). The infographic explains that monkeypox is a zoonotic disease that has spread between humans in some regions outside of Africa. It lists common symptoms: skin rashes/blisters on the face, limbs, and genitalia; swollen lymph nodes; fever; extreme fatigue; and headache/muscle pain. It also includes a warning: '國內已有本土猴痘病例，民眾若前往流行地區或國內高風險場域應避免與不特定人士親密接觸。' (There are already local monkeypox cases in the country. Citizens should avoid close contact with specific individuals in流行 regions or high-risk areas within the country.) The bottom post, dated March 3, 2023, is about mask-wearing. It features a cartoon illustration of two boys and the title '3.6起我與口罩的那些事!' (Starting 3.6, those things about me and my mask!). It promotes '自主佩戴口罩' (Wearing masks autonomously) to protect oneself and others, and respect teachers and students' autonomy. Below the title is a table with three columns: '應佩戴' (Should wear), '得佩戴' (Can wear), and '需注意' (Need to pay attention to).

應佩戴	得佩戴	需注意
指定情境	自主決定 充分溝通後得進行佩戴	防疫措施
校車	特殊場域 ①烹飪教室	環境清潔

本校成立山上國小粉絲專頁，小編會 po 有關健康及防疫的資訊給全校教職員工生及家長，有照片及影片連結，讓社區人士及家長能了解健康的重要，共同推動學校健康活動。